

# Sheconomics<sup>®</sup> Tips

## TIP SHEET NO. 7

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### STOP ME BEFORE I BUY ONE!

1. Is it a high cost item and 'hot' at the moment?
2. Are you in two minds about whether it really suits you?
3. Does it draw attention to parts of your body you should really play down?
4. Will it only go with one or two other items in your wardrobe?
5. Do you *like* rather than *love* it?
6. Would you actually prefer it if it was in another colour?
7. Be honest - do you want it just so you can wear something new tonight?
8. Are you buying it because it's a bargain and something you wouldn't buy at the full price?

IF YOU ANSWER YES TO ANY OF THE ABOVE PUT IT BACK

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